Dynamics of Heart Change

Summer Modular, 2025 Covenant Baptist Theological Seminary

Subject	Dynamics of Heart Change	Course Number	
Professor	Brad Beevers, Ph.D.		
Credits	2.0		
Schedule	July 4 Week, 2025.		
Content	This course lays the foundation for understanding how biblical change takes place, and thus examines the central dynamic of all biblical counseling. Lectures, reading, and practical application are all designed to enable even an inexperienced student to grasp the fundamental principles of biblical soul-care and practice them in a way that is genuinely helpful to the counselee. Students will do 7 hours of mentored counseling for the course, submitting a brief Session Report for each session (the Session Report form will be introduced in the first lecture) and receiving help from their mentor for the next session.		
Objectives	The course should give students a foundational understanding of personal change and provide them scriptural lenses to continue to learn biblical soul-care on their own after the course is over. They will gather valuable counseling experience under the guidance of an experienced mentor. The central conviction of all counseling courses is that having to apply biblical truth reveals what has truly been grasped and provides an opportunity to correct false understanding and solidify right thinking. Each student will prepare 3-5 outlines to teach some material from the course in a small group or ministry setting. The teaching should be at least 30 minutes. Only two of the outlines must be taught to the group. Preparing to teach greatly promotes learning! Each student must also do a self-counseling project on an issue in their own lives, using the biblical tools learned in the course. Detailed instructions for these tasks will be provided in handouts.		
Evaluation Methodology	Course Requirements & Evaluation:		
	Counseling Reports: 50%		
	Self-Counseling Project: 15%		
	Teaching/Sermon Outlines: 10%		
	Reading Report: 10%		
	Final Exam: 15%		
	Class sessions will be 24 hours, reading about 400 pages.		
Required Literature	1) Paul Tripp and Tim Lane: <i>How People Change</i> . Greensboro, NC: New Growth Press, 2008. Chapters 1-2, 6-10, and 12.		
	2) Tedd Tripp and Margy Tripp, <i>Instructing a Child's Heart</i> (Wapwallopen, PA: Shepherd Press, 2008), Chapters 5, 8, 12, 13, and 15.		
	3) Ken Sande, <i>The Peacemaker: A Biblical Guide to Resolving Personal Conflict</i> , 3rd ed. (Grand Rapids, MI: Baker Books, 2004), Chapters 5-6.		
	4) Brad Beevers, (Not) Getting the Gospel Wrong, Chapters 9-12. I'll provide as a PDF.		